

# CARE SUPPORT IN PRACTICE

NESSA GRIFFIN-HESLIN

## CARE SUPPORT in PRACTICE

for HEALTHCARE ASSISTANTS



NESSA GRIFFIN

**Includes: Case Studies, Classroom Tasks & Activities, Assessment Guidelines, Sample Learner Record.**

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- ✦ Presents a concise summary of the Irish Healthcare System from 1180 to the present day and provides a clear introduction to the HSE and the role of HIQA.
- ✦ Explains the role and responsibilities of a HCA, who the HCA reports to, the Multidisciplinary team (MDT) and relevant, up-to-date employment legislation and entitlements.
- ✦ Explains the process of communication, how it improves client and MDT relationships, and how it can assist in dealing with challenging situations.
- ✦ Discusses the issues of client confidentiality and introduces the Five Concepts of Care; Dignity, Privacy, Respect, Choice and Autonomy; that ensure delivery of high-quality care
- ✦ Considers the client's needs (physical, social, emotional and spiritual) throughout their lifespan and illustrates how to use the 12 Activities of Daily Living in care planning.
- ✦ Highlights the benefits of personal growth and development planning for the HCA.
- ✦ Introduces reflective practice as a means of thinking about and analysing working methods with the aim of continuous improvement for the sake of both the HCA and the client.



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