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| **Minor Award Name** | Safety and Health at Work |
| **Minor Award Code** | 5N1794 |
| **Level** | 5 |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Safety and Health at Work in the Healthcare Sector | Book | This book interprets the Safety, Health and Welfare at Work Act 2005 for the healthcare sector in Ireland. It details the rights and responsibilities of both employer and employees in providing a safe and healthy work environment. | Essential Safety & Health at work in Healthcare by Roisin Quinn (Published 2020) | Boru Press: [www.borupress.ie/bookshop](http://www.borupress.ie/bookshop): Accompanying teacher's powerpoint slides are also available for colleges/centres who have adopted the books for their classes (a booklist can be emailed to [info@borupress.ie](mailto:info@borupress.ie) and slides will be sent by return). |
| Duties of employers and employees | Website | Employers have extensive duties under the Act. The different requirements are split up into the following headings:   1. General duties of Employers 2. Information to Employees 3. Instruction, Training & Supervision of Employees 4. Emergencies and serious and imminent dangers 5. Protective and Preventive Measures 6. Hazard identification & Risk Assessment 7. Safety Statement 8. Co-operation 9. Health Surveillance & Medical fitness to work 10. Safety representative 11. Employee Consultation 12. Penalisation | Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Managing_Health_and_Safety/Safety,_Health_and_Welfare_at_Work_Act_2005/> |
| The role of the Health and Safety Authority | Website | The Health and Safety Authority (HSA) has overall responsibility for the administration and enforcement of health and safety at work in Ireland. | Health and Safety Authority | <http://www.hsa.ie/eng/About_Us/Role_of_the_HSA/> |
| Communication and training of health and safety in the workplace | Online Document | Effective communication about safety and health relies on information coming into the organisation, flowing within the organisation and going out from the organisation | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Safety_and_Health_Management/Workplace_Safety_and_Health_Management.pdf> |
| Elements and functions of the safety statement | website | Section 20 of the Safety, Health and Welfare at Work Act 2005 requires that an organisation produce a written programme to safeguard the safety and health of  employees while they work the safety and health of  other people who might be at the workplace, including customers, visitors and members of the public | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Managing_Health_and_Safety/Safety_Statement_and_Risk_Assessment/#WhatisaSafetyStatement> |
| Factors which contribute to safe & healthy working environments | website | All workers are entitled to work in environments where risks to their health and safety are properly controlled. Under health and safety law, the primary responsibility for this is down to employers. Employers have a duty to consult with their employees, or their representatives, on health and safety matters | Health and Safety Executive UK | <http://www.hse.gov.uk/workers/> |
| Good housekeeping in the workplace | Online book/  Video |  |  | <https://books.google.ie/books?id=U2KYgLzrC-0C&pg=PA25&dq=Workplace+Housekeeping+is+fundamental+to+maintain+a+clean,+tidy+and+safe+working+environment.&hl=en&sa=X&ved=0CBwQ6AEwAGoVChMItaKbypjqyAIVgxYPCh22hQne#v=onepage&q=Workplace%20Housekeeping%20is%20fundamental%20to%20maintain%20a%20clean%2C%20tidy%20and%20safe%20working%20environment.&f=false>  <https://www.youtube.com/watch?v=3C6js5JtCIQ> |
| Causes, prevention, emergency procedures, reporting and recording of accidents and dangerous occurrences | Book | A new textbook based on the revised QQI module (5N1794) introducing the knowledge, skill and competence to promote and maintain safety and health in a work environm**ent NIFAST** is a FETAC accredited leading specialist in health and safety training in Ireland and is associated with the Health and Safety Authority, IOSH, NISO and RoSPA. | Author(s): NIFAST  Published By: Gill and MacMillan | <http://www.gillmacmillan.ie/business-/business-/safety--health-at-work> |
| Causes and prevention of fire related events | Book | A new textbook based on the revised QQI module (5N1794) introducing the knowledge, skill and competence to promote and maintain safety and health in a work environm**ent NIFAST** is a FETAC accredited leading specialist in health and safety training in Ireland and is associated with the Health and Safety Authority, IOSH, NISO and RoSPA | Author(s): NIFAST  Published By: Gill and MacMillan | <http://www.gillmacmillan.ie/business-/business-/safety--health-at-work> |
| Specific hazards and risks when working with equipment to include mechanical and electrical equipment | Book | A new textbook based on the revised QQI module (5N1794) introducing the knowledge, skill and competence to promote and maintain safety and health in a work environm**ent NIFAST** is a FETAC accredited leading specialist in health and safety training in Ireland and is associated with the Health and Safety Authority, IOSH, NISO and RoSPA. | Author(s): NIFAST  Published By: Gill and MacMillan | <http://www.gillmacmillan.ie/business-/business-/safety--health-at-work> |
| Use of personal protective equipment (PPE) in the workplace | Video | Everyday millions of employees perform work-related tasks that present various health and safety hazards. Personal Protective Equipment is an important part of your safety. PPE is needed to reduce employee exposure to these hazards | YouTube video | <https://www.youtube.com/watch?v=vQcexRngBQc> |
| Use and disposal of hazardous materials and waste in the workplace | Publication | This section seeks to provide useful  information to enable employers to manage  chemical hazards in the workplace and  comply with the Chemical Agents  Regulations 2001 | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Safety_and_Health_Management/Section%207%20Chemicals.pdf> |
| The control and associated risks of a range of health and safety issues to include noise, sound, fumes, dust | Publication | This guidance is intended for owners and managers of residential care facilities such as elderly, people with disabilities and respite and convalescent care facilities, and their employees. | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/Healthcare_Sector/Residential_Care_Facilities.pdf> |
| Typical contents of a first aid kit and their appropriate use | video | Learn the contents of a first aid kit and how to properly use them when providing first aid. Great for standalone training, refresher First Aid Training between full First Aid Certification Courses, or just to learn about performing basic first aid and utilizing those obscure first aid kit content items | YouTube video | <https://www.youtube.com/watch?v=GmREk8MCC4A> |
| Issues related to infection control. | Booklet | The Health Protection Surveillance Centre (HPSC) is Ireland's specialist agency for the surveillance of communicable diseases.  HPSC is part of the Health Service Executive and works in partnership with health service providers and sister organisations in Ireland and around the world, to provide the best possible information for the control and prevention of infectious diseases. | Published by The Health Protection Surveillance Centre | <http://www.hpsc.ie/A-Z/MicrobiologyAntimicrobialResistance/InfectionControlandHAI/Guidelines/File,14612,en.pdf> |
| Safety signs in the workplace | Publication | The term “sign” includes signboards and acoustic, verbal or hand signals. Signboards should not contain text as the symbols or pictograms on a signboard are intended to be understood, independently of the literacy or language ability of the worker viewing it. | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Publications_and_Forms/Publications/General_Application_Regulations/Safety_Signs_at_a_Place_of_Work_2010.pdf> |
| Safe and healthy working practices in relation to oneself, others and the workplace | Publication | The workplace should prepare an occupational safety and health policy programme as part of the preparation of the Safety Statement required by Section 20 of the Safety, Health and Welfare at Work Act 2005. Effective safety and health policies should set a clear direction for the organisation to follow | Published by the Health and Safety Authority | <http://www.hsa.ie/eng/Topics/Managing_Health_and_Safety/Safety_and_Health_Management_Systems/> |
| Risk factors in relation to health to include stress, lifestyle, diet, illness | Video | What are lifestyle choices? What are acute and chronic problems? Which U.S. agencies are important for disease prevention? You'll find out about this and more in this lesson | Study.com | <http://study.com/academy/lesson/lifestyle-choices-and-personal-wellness-decisions-behavior-prevention.html> |
| Role of diet and exercise in the promotion of good health. | Website | Diet and exercise are interlinked, we need to address both in promoting a healthier Ireland. Small steps can lead to significant change. This website provides a variety of information on healthy living – from tips on exercise and healthy eating to research and initiatives such as workplace wellbeing | Nutrition and Health Foundation | <http://www.nutritionandhealth.ie/Sectors/NHF/NHF.nsf/vPages/Home?OpenDocument> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Health & Safety Authority (HSA) | <http://hsa.ie> |
| Health Services Executive (HSE) | <http://www.hse.ie> |
| Health Information & Quality Authority (HIQA) | <http://www.hiqa.ie> |
| Health Protection Surveillance Centre (HPSC) for Infection Control | <http://www.hpsc.ie> |
| Fire Safety Ireland (FSI) | <http://www.firesafetyinternational.com> |
| Food Safety Authority Ireland (FSAI) | <https://www.fsai.ie/> |
| Nutrition and Health Foundation | <http://www.nutritionandhealth.ie/> |
| World Health Organisation | <http://www.who.int> |
| Irish Statue Book | <http://www.irishstatutebook.ie/eli/home.html> |
| Print media | Current health & Safety news  Weekly health supplements Monday – Irish Independent                                                   Tuesday – Irish Times    [www.rte.ie/radio1/](http://www.rte.ie/radio1/)  relevant articles – podcasts  Regular searches for relevant YouTube videos |

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| **MOOCs (Massive Online Open Courses)** | |
| Online courses delivered mainly by Universities and Colleges worldwide.  Useful to search regularly for new courses and new start dates. Most courses are free. Charge often applies if assessment and certification is required.  Provide excellent CPD for individuals or resources that can support teaching and learning. | What is a MOOC?  <https://www.youtube.com/watch?v=eW3gMGqcZQc>  Providers of MOOCs  e.g.  <https://www.mooc-list.com/>  <https://www.coursera.org/>  <https://www.udemy.com/draft/186198/>  <http://www.extension.harvard.edu/open-learning-initiative>  <https://www.uclaextension.edu/pages/search.aspx?c=free+courses>  <http://oyc.yale.edu/> |