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| **Minor Award Name** | **Psychology** |
| **Minor Award Code** | **5N0754** |
| **Level** | **Level 5** |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Psychological Perspectives | Website | This website provides presentations, lesson plans and worksheets on the various approaches to psychology including psychodynamic, cognitive and humanistic. | Psychlotron | <http://www.psychlotron.org.uk/newresources.html> |
| Ebook | This book covers all the major approaches to psychology in depth. | William E. Glassman and Marilyn Hadad (2009) Approaches to Psychology. 5th Edition. | <http://www.yanchukvladimir.com/docs/Library/Approaches%20to%20Psychology%202009.pdf> |
| Video | **Behaviourism**  Demonstrating the process of Classical Conditioning | YouTube  MessiAlfrodo | <https://www.youtube.com/watch?v=0DQjCPBZaUk> |
| Little Albert Experiment | YouTube  Johncheezy | [www.youtube.com/watch?v=9hBfnXACsOI](https://www.youtube.com/watch?v=9hBfnXACsOI) |
| Video | **Examples of Operant Conditioning** | YouTube  Globalbeehive | <https://www.youtube.com/watch?v=D-RS80DVvrg> |
| Website | **Psychodynamism**  Covers the assumptions, research and future directions. It also provides discussion questions and key terminology for the perspective. | Noba Project  Robert Bornstein | <http://nobaproject.com/modules/the-psychodynamic-perspective> |
| Handout | Covers defence mechanisms including explanations and examples. | Tes  Soherra | <https://www.tes.com/teaching-resource/psychodynamic-6037949> |
| Website | **Cognitive**  Covers various aspects of Cognitive Psychology including theories and experiments and topics including memory and perception. | Denison  Dr. Frank Hassebrock | <http://personal.denison.edu/~hassebrock/cog.html> |
| Ebook | Book covering all aspects of cognitive psychology including history, key ideas and theories. | Brown, C. (2007) Cognitive Psychology. | <http://www.slideshare.net/KrycesTorcato/cognitive-psychology-25705272?from_action=save> |
| Website | **Humanism**  Lesson Plan for teaching humanism including videos and handouts. | AQA | <http://www.aqa.org.uk/resources/psychology/as-and-a-level/psychology/teach/lesson-plan-humanistic-psychology> |
| Website | Outlines and evaluates Maslow’s Hierarchy of needs. | Simply Psychology  Saul McLeod | <http://www.simplypsychology.org/maslow.html> |
| PDF | **Biological**  Practical teaching activities for Biological Psychology | Teach Psych  Stephanie L. Simon-Dack | <http://teachpsych.org/resources/Documents/otrp/resources/simon-dack12.pdf> |
| PowerPoint | Outlines ways to teach Biological Psychology. | Laura Freberg | [www.laurafreberg.com/APS2005.ppt](http://www.laurafreberg.com/APS2005.ppt) |
| Ebook | Outlines the various aspects of Biological Psychology including the biological approach to psychology and the biological basis for behaviour. | Kalat, J. W. (2013) Biological Psychology. International Edition | <https://www.cengagebrain.co.uk/content/9781285232430.pdf> |
| Website | Discusses the nature-nurture debate and provides links to evidence to support either side of the debate. Highlights key theories and theorists of the area. | Simply Psychology | <http://www.simplypsychology.org/naturevsnurture.html> |
| Video | Discusses both the biological and environmental sides of the debate. | Youtube  PirateFish1 | <https://www.youtube.com/watch?v=R6hF3-obvnA> |
| Website | Provides lesson plans and activities surrounding the debate. | Psychlotron | <http://www.psychlotron.org.uk/newResources/debatesNaturenurture.html> |
| E- booklet | Overviews the main concepts of CBT including who benefits from it and the general steps of the therapy. | Lundbeck Institute -  Mind Facility  Stephen Jambunathan and Jesjeet Singh Gill | <http://www.slideshare.net/themindfaculty/cognitive-behavioral-therapy-simplified?qid=170dd799-f5c3-4336-ab1c-3a47153e0c88&v=&b=&from_search=18> |
| Website | This website contains a number of slideshows that outlines the use of CBT for a number of disorders including depression and Bipolar. | Anxiety and Depression Association of America | <http://www.adaa.org/resources-professionals/teaching-slides> |
| Nature-Nurture Debate | Video | Role Play demonstrating the techniques of Cognitive Behavioural Therapy. | Youtube  Australian Institute of Professional Counsellors | <https://www.youtube.com/watch?v=x7HJmVx3qN4> |
| Worksheets | A variety of worksheets to demonstrate the techniques of CBT. | Dr. Lynn Martin | <http://www.martincbt.com/handouts.html> |
| Video | Video of Fritz Perls with Gloria demonstrating the techniques of Gestalt. | Youtube  [eatcarpet](https://www.youtube.com/channel/UCUrqjz-Xth5V9y5x3VBrO4w) | <https://www.youtube.com/watch?v=8y5tuJ3Sojc> |
| Ebook | Book that covers the theoretical background of Gestalt therapy including how to do it and the specific issues within the therapy. | Bromnell, P. (2010) Gestalt. A Contemporary Guide to Practice. | <http://gestaltinstitute.ge/nav/word_pdf/biblioteka/Gestalt%20Therapy;%20A%20Guide%20to%20Contemporary%20Practice.pdf> |
| PDF | Document outlining the Code of Professional Ethics of the Psychological Society of Ireland. | Psychological Society of Ireland | <http://www.psychologicalsociety.ie/find-a-psychologist/PSI%202011-12%20Code%20of%20Ethics.pdf> |
| Gestalt | Website  Worksheet | Outlines the basic concepts of ethical research including informed consent, debriefing and deception.  Exercise to demonstrate the ethical issues in research in psychology. | Simply Psychology | <http://www.simplypsychology.org/Ethics.html> |
| Ebook | Outlines the variety aspects of research methods in psychology including experiments and questionnaires and their validity. It also explains the difference between qualitative and quantitative methods. | Slideshare (Resour’d) | <http://www.slideshare.net/Resourcd/resourcd-file-50542724> |
| Ethics | Booklet | A comprehensive summary of research methods in psychology. | TES | <https://www.tes.com/teaching-resource/research-methods-booklet-6089565> |
| Research Methods | Videos | Classic experiments including Zimbardo’s Prison Experiment, Asch’s Conformity experiment and Milgram’s Obedience experiment. | Youtube  PaulieJohnson | Zimbardo - <https://www.youtube.com/watch?v=gb4Q20z0T1Q> |
| Videos | Classic experiments including Zimbardo’s Prison Experiment, Asch’s Conformity experiment and Milgram’s Obedience experiment. | HeroicImaginationTV | Asch - <https://www.youtube.com/watch?v=NyDDyT1lDhA> |
| Website | Overview of attitudes and behaviour including how attitudes change behaviour, suggestions for research and case studies | MLC DIU | Milgram - <https://www.youtube.com/watch?v=1HcMWlnTtFQ> |
| Attitudes and behaviour | Website | Overview of attitudes and behaviour including how attitudes change behaviour, suggestions for research and case studies | Psypress  liot r. smith and diane m. Mackie | <http://psypress.co.uk/smithandmackie/> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Psychological Society of Ireland | [www.psihq.ie](http://www.psihq.ie) |
| British Psychological Society | [www.bsp.org.uk](http://www.bsp.org.uk) |
| American Psychological Association | [www.apa.org](http://www.apa.org) |

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| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | <https://www.mooc-list.com/> |
| Diploma in Psychology | <https://alison.com/learn/psychology> |
| Introduction to Psychology | <https://www.coursera.org/learn/introduction-psych> |
| Introduction to Psychology | <http://oyc.yale.edu/psychology/psyc-110> |