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| **Minor Award Name** | **Intellectual Disability Studies** |
| **Minor Award Code** | **5N1652** |
| **Level** | **5** |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Categorising people with an intellectual disability- appropriate and inappropriate | Website | * This website is an excellent resource for identifying what’s appropriate and inappropriate in relation to labelling people with an ID. It gives great ideas and tips for the use of language around disability and emphasises the need to see the person first. | SALTO Youth Inclusion Resource Centre | <https://www.salto-youth.net/rc/inclusion/archive/archive-resources/inclusiongroups/inclusiondisability/LabelingDisability/> |
| Website | * The Special Olympics website includes numerous Stories of people with intellectual disabilities- It shows how empowering people with ID can transform their lives for the better | Special Olympics | <http://www.specialolympics.org/Sections/Who_We_Are/Our_Athletes.aspx?src=navwho> |
| People with an intellectual disability | Youtube video-TED Talk | * Lily Sughroe discusses her disability and talks about the work she carried out with individuals who have special needs, and now her entire life is dedicated to advocating and providing services to people with disabilities | Youtube- TED Talk | <https://www.youtube.com/watch?v=NJBNb2r8pBY> |
| Definition of intellectual disability and multiple disability | Act- website | * The Disability Act (2005) outlines the definition of disability within Irish law, including intellectual disability. | Irish government- Irish statute book | <http://www.irishstatutebook.ie/eli/2005/act/14/enacted/en/html> |
| Disability- Analysis of attitudes towards people with disabilities | Website | * The National Disability Authority website gives a thorough explanation of disability. It also links in key policy documents and gives an overview of how disability is defined in international contexts, referencing the UN Convention on the Rights of the Person with Disabilities, among others. | National Disability Authority | [http://nda.ie/Disa](http://nda.ie/Disability-overview/Definitions/)  [bility-overview/Definitions/](http://nda.ie/Disability-overview/Definitions/) |
| Website- pdf | * This pdf discusses views on disability, including intellectual disability. It discusses prejudice, discrimination etc. | Francis Hannon;  National Disability Authority | <http://nda.ie/nda-files/Literature-Review-of-International-Evidence-on-Attitudes-to-Disability-2007.pdf> |
| Identify the advantages and disadvantages of both  the medical and social models of support- including examples of services | Book | * This book gives a very good outline of the medical and social models of support for people with intellectual disability as well as other forms of disability. It gives advantages and disadvantages of both types. * It also gives an insight into the impact of multiple disability on a person. | Eilis Flood- Assisting Children with Special Needs, 2nd edtn. (2013) | <http://www.gilleducation.ie/childcare/childcare/assisting-children-with-special-needs-2nd-edition> |
| Social Model | Website | * This website gives a great general definition of the social model construct of disability. It also provides a clear definition on the difference between impairment and disability in the context of the social model. | People with Disability Australia website (PWDA) | <http://www.pwd.org.au/student-section/the-social-model-of-disability.html> |
| Impact of a multiple disability on  a person | Website | * This Irish website provides definitions of both the medical and social model of support. It also gives advantages of the social support model of support and disadvantages of the medical support model. | [www.disability.ie](http://www.disability.ie) | <http://www.disability.ie/disability-ie-information-portal/site-sections/rights-legislation/185-society/538-social-and-medical-models-of-disability> |
| List of Disabilities and support services available | Website | * The Health Service Executive website outlines the different disabilities and a list of services available, according to each county. | Health Service Executive Website | <http://www.hse.ie/eng/services/list/4/disability/> |
| Recognise the effects of caring for a person with an  intellectual disability on close and extended family  members | Book | * This book includes insights into the effects of caring for a person with a disability on family members and gives an understanding from the perspective of a healthcare assistant. It also gives definition of the various front-line staff involved in care. | Healthcare Support: A Textbook for Healthcare Assistants: The College of Progressive Education | <http://www.gilleducation.ie/nursing-health/nursing-health/healthcare-support-a-textbook-for-healthcare-assistants> |
| Website | * This website clearly identifies the impact and effects on a family of caring for a person with a disability, also provides insights from family members themselves. | National Home Sharing and Short Breaks Network | <http://nhsn.ie/information/information-for-host-families/the-impact-of-disability-on-a-family/> |
| Website | * This HSE website outlines the importance of looking after the wellbeing of the carer/family, as well as the person with a disability | Health Service Executive | <http://www.hse.ie/eng/services/list/4/Mental_Health_Services/dsc/dubwestsouth/info/Caring_for_Carers.html> |
| Video | * This film follows the story of Linda Rounds, who needs constant care after a car accident. Linda’s teenage daughter was looking after her, but this was having a negative impact on the family. This allows for discussion of the impact of caring on the mental health and wellbeing of the carer. | Supporting carers: the cared-for person  Social Care Institute for Excellence | <https://www.scie.org.uk/socialcaretv/video-player.asp?guid=ee39ff86-6125-45a9-b620-ae3fb10abb4f> |
| Caring for person with intellectual disability | Book | * This book gives an excellent account of the need for dignity, choice, relationships and contributing when caring for a person with ID. It also promotes positive attitudes towards people with ID | Healthcare Support: A Textbook for Healthcare Assistants: The College of Progressive Education | <http://www.gilleducation.ie/nursing-health/nursing-health/healthcare-support-a-textbook-for-healthcare-assistants> |
| Video | * This video discusses what it is like to care for a person with ID, particularly in the area of challenging behaviour. It illustrates that, with good support, people with challenging behaviour and severe learning disabilities can be enabled to enjoy independent, fulfilling lives | Social Care Institute for Excellence;  2017 | <https://www.scie.org.uk/socialcaretv/video-player.asp?guid=6db7a54b-0ba3-468f-95fb-4b823fab9bb6> |
| Book | * This book discusses the interpersonal skills needed to work in a care setting. It discusses the importance of empathy, body language etc. and tips on how to integrate these into your work. | An Introduction to Nursing-Theory and Practice-Gill and Macmillan By Mary Henry, Dorothy Phillips and Anne Traynor | <http://www.gilleducation.ie/health/health/an-introduction-to-nursing> |
| History of services to people with an  intellectual disability in Ireland- attitudes | Book | * This book outlines the history and policies surrounding people with disabilities, including intellectual disability in Ireland, up to the present day. It also includes past and current attitudes towards people with intellectual disability | Eilis Flood- Assisting Children with Special Needs, 2nd edtn. (2013) | <http://www.gilleducation.ie/childcare/childcare/assisting-children-with-special-needs-2nd-edition> |
| Attitudes of organisation  toward people with an intellectual disability | Website | * The publication section of this website includes various publications and surveys carried out on people’s attitudes toward people with disabilities | National Disability Authority | <http://nda.ie/> |
| The known causes of intellectual disability, including levels of ID and how  these are assessed | Leaflet/PDF | * This very informative leaflet gives a reader-friendly description of the various causes of intellectual disability. * It also gives an overview of how intellectual disability is assessed and the various levels | Inclusion Ireland | <https://www.inclusionireland.ie/sites/default/files/attach/basic-page/512/causesandpreventionbooklet.pdf> |
| Approaches toward developing quality  in the provision of services to persons with an  intellectual disability and their families | Website- publication | * This website includes the report "Towards best practice in the provision of health services for people with disabilities in Ireland” and gives a very informative overview of the report. * It also includes ideas of progressive models of service delivery both from Ireland and from other countries | National Disability Authority | <http://nda.ie/Publications/Health/Health-Publications/Provision-of-Health-Services.html> |
| Outline the range of  needs of persons with an  intellectual disability and the role of healthcare professionals | Book | * This book outlines in detail the range of needs of a person with a disability in need of care | Care Skills & Care Support: FETAC Level 5  Compiled by NIFAST | <http://www.gilleducation.ie/health/health/care-skills--support> |
| Importance of team | Book | * This book identifies and details the roles of other members of the healthcare team. It introduces the student to the various statutory and voluntary bodies relevant to the care of people with intellectual disabilities. It also illustrates and describes the importance of working as a team when meeting the needs of all persons, including people with an intellectual disability. | Healthcare Support: A Textbook for Healthcare Assistants;  College of Progressive Education | <http://www.omahonys.ie/v2/healthcare-support-a-textbook-for-healthcare-assistants-p-197114.html> |
| Teamworking and integration |  | * This video gives an overall guide to team-working in the care sector. It discusses the benefits of working in an integrated way with all services involved in the care of a person. | Social Care Institute for Excellence | <https://www.scie.org.uk/socialcaretv/video-player.asp?v=integrated-working-an-overview> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Inclusion Ireland | <http://www.inclusionireland.ie/> |
| National Disability Authority | [www.nda.ie](http://www.nda.ie) |
| Enable Ireland | [www.enableireland.ie](http://www.enableireland.ie) |
| Central Remedial Clinic | [www.crc.ie](http://www.crc.ie) |
| Rehab Ireland | [www.rehab.ie](http://www.rehab.ie) |
| Autism Ireland Action | <https://autismireland.ie/> |
| Down Syndrome Ireland | <https://downsyndrome.ie> |
| Communicare Ireland | <http://communicare.ie/homecare-services/disability-care/> |
| Bluebird Care Services- Intellectual Disability | <http://bluebirdcare.ie/care-services/intellectual-disabilities-support-services/> |
| St Michael’s House | <http://www.smh.ie/?q=node/148> |
| National Council for Special Education | <http://ncse.ie/> |
| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | <https://www.mooc-list.com/> |