|  |  |
| --- | --- |
| **Minor Award Name** | **Equality and Disability** |
| **Minor Award Code** | **5N1273** |
| **Level** | **5** |

**Suggested resources to support delivery:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Historical background | Website | Historical background on Disability– history of start-up of Michaels House | St. Michaels House- website | <http://www.smh.ie/> |
| History | PowerPoint | Covers briefly the Evolution of social care | PowerPoint on line  Niall MacElwee | <http://staffweb.itsligo.ie/staff/pshare/IASCE/Evolution%20of%20Social%20Care.ppt> |
| <https://view.officeapps.live.com/op/view.aspx?src=http%3A%2F%2Fstaffweb.itsligo.ie%2Fstaff%2Fpshare%2FIASCE%2FEvolution%2520of%2520Social%2520Care.ppt> |
| History | Website or PDF | This is an overview of the history of disability through the years dating back to BC. It discusses   * eugenics * institutionalisation * segregation | Harbour CK, Maulik PK. 2010. History of Intellectual Disability.  -: JH Stone, M Blouin, editors. International Encyclopedia of Rehabilitation. | <http://cirrie.buffalo.edu/encyclopedia/en/article/143/> |
| <http://cirrie.buffalo.edu/encyclopedia/en/pdf/history_of_intellectual_disability.pdf> |
| History essays | Essays | Essays on the history of Disability in Ireland | StudyMode Research, website | <http://www.studymode.com/subjects/the-history-of-disability-in-ireland-page1.html> |
| Types /Classification of Disability | Website | This website has links to a number of pages giving definitions, facts,, issues arising and progression of different disability types | Disabled World.com  website | <http://www.disabled-world.com/disability/types/> |
| Disability types | website | Overview of the different types of disability | Disabled World.com  website | <http://www.disabled-world.com/disability/types-2/> |
| Learning disability | Website | Information on learning disability | Website Very Well  Ann Logston | <https://www.verywell.com/the-process-for-diagnosing-learning-disabilities-3996446> |
| Equality in employment | PDF | Employment Equality Act 1998 - | Law reform  Pdf | <http://www.lawreform.ie/_fileupload/RevisedActs/WithAnnotations/EN_ACT_1998_0021.PDF> |
| Independent living | PDF | Formation of Centres of Independent Living | Dublin CIL.  pdf | <http://www.dublincil.org/userfiles/files/Center%20for%20Independent%20Living%20Strategic%20Plan%202013-16.pdf> |
| Living independently | PDF | **Disability Federation Of Ireland**-the right living space –pdf  this document looks   * at housing and accommodation needs of people with Disabilities * access * identifying and overcoming issues * Focus groups | Citizens Information Board .prepared by  Michael Browne  pdf | <http://www.disability-federation.ie/userfiles/file/Summary%20Report.pdf> |
| Disabling –caused by our society? | Website | The Social model -The causes and effects of a disabling society. | Website-Surry Coalition | <http://www.surreycoalition.org.uk/socialmodel.html> |
| Stereotyping in the media | Website | Portrayal issues... persons with disability often stereotyped in the media (TV, Dramas, films) as a victim,  Villain, or Hero | Media Smarts  website | <http://mediasmarts.ca/diversity-media/persons-disabilities/common-portrayals-persons-disabilities> |
| Media Portrayal of disability- solutions | Website | Website looks at how the media can put solutions into place as to how they portray people with disability. | Media Smarts  Website | <http://mediasmarts.ca/digital-media-literacy/media-issues/diversity-media/persons-disabilities/media-portrayals-persons-disabilites-solutions> |
| Language | PDF | People First Language. Gives examples of appropriate and non-appropriate ways to describe a person with a disability. | TCDD-Online document | <http://www.tcdd.texas.gov/wp-content/uploads/2012/06/People1st.pdf> |
| Media portrayal of people with disability | Website | A critical analysis of the mass media portrayal of people with disability | Disability Planet  -website | <http://www.disabilityplanet.co.uk/critical-analysis.html> |
| Equality | PDF | Irish Human Rights and Equality Commission Act 2014- | Irish Statute Book-pdf | <http://www.irishstatutebook.ie/eli/2014/act/25/enacted/en/pdf> |
| Non-discrimination | Website | Equality and Non-discrimination in Ireland | Irish Human Rights and Equality Commission -  website | <https://www.ihrec.ie/your-rights/i-have-an-issue-with-a-service/what-categories-of-people-are-covered-by-the-law-on-discrimination-in-relation-to-services/> |
| Discrimination | Website | Helps recognise where discrimination might be taking place for the person with a disability and how to recognise it…example   * Harassment * Victimisation * Issues in workplace, in education or while using services | Citizens Advice - website | <https://www.citizensadvice.org.uk/discrimination/discrimination-because-of-disability/disability-discrimination/#h-what-is-discrimination-because-of-disability> |
| Medical Model versus Social Model | Document | Clear explanation of the difference between the Medical model and the Social model of Disability | SpinaBifida Support website- online document | <http://www.spinabifidasupport.com/medicalsocialmodel.htm> |
| Social model | Website | Social model of disability discussed as opposed to the medical model … recognising that because a person has a disability they should not be viewed as having an ‘illness’ or being ‘sick’…. But  Instead be seen as individuals with rights and the need for having choice and independence and as full a life as possible. | Pwd website | <http://www.pwd.org.au/student-section/the-social-model-of-disability.html> |
| Rights | Website | This looks at disability rights coalition and links here to documents regarding the fight for having the right met for people with disability in Ireland | Disability Rights Inclusion Ireland- Website | <http://www.inclusionireland.ie/content/home> |
| Education | PDF | Supporting students with special needs in schools… information on needs identified in assessments. How to best meet those needs…resources, policies and supports identified that should be in place to meet those needs | ncse.ie- pdf | <http://ncse.ie/wp-content/uploads/2014/09/Supporting_14_05_13_web.pdf> |
| Access to transport | PDF | This looks at best practice in provision of accessible transport for people with disability | NDA.ie  Pdf | <http://nda.ie/Image-Library/PDF-Downloads/Towards-Best-Practice-in-Provision-of-Transport-Services-PDF-Format.pdf> |
| Living in Ordinary Places | website | This website has links and information leaflets on supporting people with disability to leave segregated services and benefit from living in the community | Health service executive  website | <https://www.hse.ie/eng/services/list/4/disability/congregatedsettings/> |
| Community inclusion | pdf | Document covers the benefits of having supports for people with disability living in the community rather than segregated settings | Health service Executive. Pdf. | <https://www.hse.ie/eng/services/list/4/disability/congregatedsettings/congregatedsettingsreportfinal.pdf> |
| Access to supports- PA services | website | Access to life , This document discusses the evolution of Personal Assistant services that support persons with physical and sensory disability have access to ordinary independent life situations  There is also a link to a pdf/word document here | Disability Federation of Ireland  website | <http://www.disability-federation.ie/index.php?uniqueID=10810> |
| Identify own fears and prejudices | Book | An Introduction to Intercultural Studies. Book- Some of the chapters in this book help to   * Identify our personal fears around working with marginalized groups. * Encourages respect for diversity * And helps us recognize own prejudices. | Rioghnat Crotty  Available from ,Gill education- book | <http://www.gilleducation.ie/social-studies/social-studies/introduction-to-intercultural-studies> |
| Attitudes towards Disability | PDF | A literature review on attitudes towards Disability. This is a 72 page document discussing attitudes to disability in all areas of life…work. Education etc.  It discusses how society has stereotyped, has had negative attitudes... prejudice... discrimination etc. but ideally should recognises the need for ensuring each individual is given the opportunity and right to reach their full potential | NDA- Francis Hannon. Pdf. | <http://nda.ie/nda-files/Literature-Review-of-International-Evidence-on-Attitudes-to-Disability-2007.pdf> |
| Healthcare / HSE  Disability service | Website | List of Disability services | HSE.ie  website | <http://www.hse.ie/eng/services/list/4/disability/> |
| Safeguarding the Vulnerable | Website | Safeguarding vulnerable persons at risk of abuse | HSE.ie  website | <http://www.hse.ie/eng/about/Who/socialcare/safeguardingvulnerableadults/> |
| Safeguarding from Abuse | PDF | Safeguarding people from Abuse. Covers national policy and procedures.  Recognising abuse  Responding to concerns  Risk management  Roles and responsibilities | Pat Healy  Hse.ie  Pdf. | <http://www.hse.ie/eng/services/publications/corporate/personsatriskofabuse.pdf>  or  <http://westerncare.com/uploads/Co-ord/Website%20external/NationalSaveguardingPolicyforVulnerableAdultsFeb16.pdf> |
| Empowering and safeguarding vulnerable people in residential centres | PDF | Empowering and safeguarding persons who reside in residential care centres | HSE-PDF | <http://www.hse.ie/eng/services/publications/Disability/Safeguarding.pdf> |
| Healthcare Structures | Book | An Introduction to Nursing-Theory and Practice- In this book there is an Introduction to the healthcare structures and their functions as outlined in the **Nursing and Midwifery Act 2011**, identifying specialities and primary, secondary and tertiary healthcare teams, and their functions in care delivery. It also outlines **models of nursing**, focusing on Roper, Logan and Tierney’s Activities of Living model, and includes questions and triggers to help identify actual and potential problems. | Book- published by Gill and Macmillan  Written By Mary Henry, Dorothy Phillips and Anne Traynor | <http://www.gilleducation.ie/health/health/an-introduction-to-nursing> |
| HSE Organisational Structure | PDF | Chart showing the Organisational structure of the HSE – 2016 | Health Service Executive  Hse.ie | <http://www.hse.ie/eng/about/Who/orgstruct16.pdf> |
| Volunteering | PDF | Looks at promoting equality, diversity and opportunity in the form of volunteering. | Volunteermeath.ie Equality Commission FOR Northern Ireland.  Pdf | <http://www.volunteermeath.ie/images/stories/PDF/promoting_equality.pdf> |
| Interpersonal skills | Book | An Introduction to Nursing-Theory and Practice- Book that discusses the roles and interrelationship of **empathy, advocacy, interpersonal skills and communication** in nursing and care delivery | Book- Gill and Macmillan  By Mary Henry, Dorothy Phillips and Anne Traynor | <http://www.gilleducation.ie/health/health/an-introduction-to-nursing> |
| Society’s attitudes to disability | Website | Public Attitudes to Disability in Ireland Survey | National Disability Authority | [Public Attitudes to Disability in Ireland Survey 2011](http://nda.ie/Publications/Attitudes/Public-Attitudes-to-Disability-in-Ireland-Surveys/Public-Attitudes-to-Disability-in-Ireland-Survey-2011.html)  <http://nda.ie/nda-files/Public-Attitudes-to-Disability-in-Ireland-Survey-2011-PDF.pdf> |
| Need for positive action plans and equality/diversity in relation to PWD’s Rights | Website | Convention on the rights of People with disability… rights discussed here | United Nations  website | <http://www.un.org/disabilities/convention/conventionfull.shtml> |
| DESSA | Website | DESSA, the Disability Equality Specialist Support Agency | Website  Dessa.ie | <http://www.dessa.ie/> |
| Supports in the Workplace- Fas | Website | Supported employment Fas- explained | Fas  website | <http://www.fas.ie/en/Communities/Supported+Employment.htm> |
| Work – IASE supported employment | PDF | Supported Employment with the IASE- Explained | Iase.ie  PDF | <http://www.iase.ie/_wp_/wp-content/uploads/2015/05/Supported-employment-and-FAQs-for-employers.pdf> |
| Supported employment - Employability | Website | Information on the work of Employability Supported employment Services... with Video | Employability.ie  Website | <http://employability.ie/> |
| Supported employment | Website | Information on how to get career advice and supports for people with disability in the workplace | Social welfare  website | <http://m.welfare.ie/en/Pages/Work-Supports-for-People-with-a-Disability_holder.aspx> |
| Assistive technology | PDF | Looks at use of IT in providing equality for PWD | disability-federation.ie  PDF | <http://www.disability-federation.ie/userfiles/file/Assistive%20tech%20web%20intro.pdf> |
| Sign Language | website | Use of Sign Language to promote positive approaches and effective communication for people who are deaf or hard of hearing  Lamh discussed in this web page | Helping People to Communicate- Lamh  Website | <http://www.lamh.org/> |
| Deafness | Website | Information that can help support the deaf | DeafHear  Website | <https://www.deafhear.ie/DeafHear/informationAndResources.html> |
| Deafness | Website | Facts on Deafness | DeafHear  Website | <https://www.deafhear.ie/DeafHear/informationAndResourcesFacts.html> |
| Autism | PDF | National Review of Autism Services -2012  Past, present and Future | HSE- pdf | <http://www.hse.ie/eng/services/publications/Disability/autismreview2012.pdf> |
| Service provision by St. Michaels House | website | Looks at the different services provided by St. Michaels House. | St. Michaels House  Website | <http://www.smh.ie/index.php?q=node/267> |
| Person-centred planning | website | Person Centre Planning discussed | St Michaels House | <http://www.smh.ie/?q=node/275> |
| Person-centred planning explained | PDF | Easy to read document on Person- centred planning | NDA- pdf. | <http://nda.ie/nda-files/Person-Centred-Planning-Guidelines-Easy-to-Read.pdf> |
| Western Care | Website | The work of Western Care explained | Western Care  Website | <http://www.westerncare.com/menu.asp?Menu=364> |
| Children with Disability- services | pdf | A guide to services for children with disability. A HSE Publication on Dublin North Central. | Hse.ie  Website  pdf | <http://www.hse.ie/eng/services/Publications/Disability/A%20guide%20to%20services%20for%20children%20with%20disabilities%20DNC.pdf> |
| Insight into the lives of children with disability | PDF | Report done by the NDA giving information about children with disability… education etc. researched | Nda.ie  Website  pdf | <http://nda.ie/nda-files/Insights-into-the-Lives-of-Children-with-Disabilities-Full-Report.pdf> |
| Outcomes | Website | List of Personal Outcomes that need to be met for each individual to have a fulfilled life in the community. | St Michaels House  Website | <http://www.smh.ie/?q=node/299> |
| Social participation | Website | Looks at social participation in the community for PWD | DESSA  Website | <http://www.dessa.ie/mainstreaming-participation> |
| Standards of care | PDF | To Identify the role of the care provider in ensuring inclusion and equality for all sectors of society. One provision now used in all residential services is the  Hiqa Standards | Health Information Quality Authority  Website | <http://nda.ie/nda-files/Overview-and-Summary-of-Review-of-the-implementation-of-regulations-and-inspections-in-residential-services-for-adults-and-children-with-disabilities.docx> |
| HIQA | PDF | Easy to read … Hiqa Standards for residential care homes | Nda.ie  PDF | <http://nda.ie/nda-files/Easy-to-Read-report-on-residents-views-HIQA-inspections.pdf> |
| Role of the healthcare worker | Video | Looks at the work of the carer | Oxfordshire County Council  YouTube | <https://www.youtube.com/watch?v=LWC6w9OnAaA> |
| PA work | Video /YouTube | Working as a personal assistant or disability Support Worker | You tube  WA Career Centre Video | <https://www.youtube.com/watch?v=UCrUGAGfr5c> |
| Personal prejudice | Website | Explore and reflect on own personal prejudices fears and anxieties about working with people with disabilities. ( look through back issues of the journal ) | Thejournal.ie  Roisin Nestor  Website Article | <http://www.thejournal.ie/un-calls-for-irish-disability-rights-umbrella-group-watchdog-2760222-May2016/> |
| Mental Health | Website | Mental Health Services A Review of Access to Mental Health Services for People with Intellectual Disabilities | NDA  Website | <http://nda.ie/Equality-/-Equality-Publications/Mental-Health-Services-.html> |
| PHYSICAL Disability- Irish Wheelchair Association | Website | Irish wheelchair association is a support service for people with physical disability and in particular mobility problems…. Work of the IWA explained. | Irish Wheelchair Association  -website | <http://www.iwa.ie/> |
| Asperger syndrome | Video | Experience of Clay Matzo with an overview of Asperger syndrome, (there are lots of follow up you tubes on Clay ) | [Peter Van Roil](https://www.youtube.com/channel/UCEzUe4KmghjfBkzxKIb0g5w)  YouTube | [https://www.youtube.com/watch?feature=player\_embbedded&v=HKRIRZEV4B4](https://www.youtube.com/watch?feature=player_embedded&v=HKRIRZEV4B4) |
| Acts ( Legal system) | Website | Looks at a number of the acts including  Education welfare Act 2000  ESPEN Act 2004  Equal Status Act 2000/ Equality Act 2004  Disability Act 2005/Data Protection Act 1998 | European Agency  Website | <https://www.european-agency.org/country-information/ireland/national-overview/legal-system> |
| Disability Act 2015 | Website | Disability act 2005 | ISB  Website | <http://www.irishstatutebook.ie/eli/2005/act/14/enacted/en/html> |
| Supports to achieve outcomes for PWD. | Website | Case Studies | Western Care  Website | <http://www.westerncare.com/menu.asp?Menu=362> |
| Overcoming milestones | Website | Case Study | Wester Care  Website | <http://www.westerncare.com/menu.asp?Menu=387> |
| Epilepsy | Website/  YouTube | Case study- living with epilepsy | Epilepsy Ireland | <http://www.epilepsy.ie/> |
| You Tube  Jennifer Walters | <https://www.youtube.com/watch?time_continue=198&v=82HZI1vSbGw> |
| Epilepsy safety | PDF | Safety - epilepsy | Epilipsey.ie  Pdf | <http://www.epilepsy.ie/assets/2/D2FCCE30-D8B9-7AFA-EAAC7180E4909F68_document/Be_Safe_Reduce_Risk.pdf> |
| Epilepsy and Autistic spectrum disorder | PDF | Epilepsy and Autistic spectrum disorder (ASD)  Discussed | PdfEpilepsy.ie | <http://www.epilepsy.ie/assets/2/D2CEC6F5-E752-5465-5AEDFEDFA2831EB8_document/Epilepsy_Autism.pdf> |
| Interpersonal skills / personal effectiveness skills | Book | Book name- Care Skills Care Support  Key interpersonal skills discussed, including empathy, respect, patience and effective communication. Encourages reflection on professional relationships and personal effectiveness as a means of development and growth as an effective care assistant | Book  Gill Education | <http://www.gilleducation.ie/health/health/care-skills--support> |
| Frontline on employment | Magazine | A magazine that covers stories on the disability sector. This issue looks at supported employment. | Frontline Magazine | <http://frontline-ireland.com/category/frontline-issue-92/> |
| Frontline – Assistive Technology | Magazine | A magazine that discusses assistive technology | Frontline magazine | <http://frontline-ireland.com/category/frontline-issue-94/> |
| Healthcare Assistants/roles | Book | Book – Healthcare Support, a Textbook for Healthcare Assistants. This book looks at the roles of members of the healthcare team. And the various statutory and voluntary bodies relevant to care. | Book  Gill Education-Further education | <http://www.gilleducation.ie/nursing-health/nursing-health/healthcare-support-a-textbook-for-healthcare-assistants> |
| Irish Healthcare system | book | Book -Leadership and Management in the Irish Health Service...Ann Marie Brady  Describes the structure, functioning and governance of the Irish health care system and how external factors such as economics and policy development impact on care delivery decisions. It also looks at the organisational culture and delegation within the context of the Irish health care system and how they are impacted by historical, political and social influences  – Also looks at Key issues such as human resources, communication, conflict resolution, motivation and working in groups and looks at tools to improve efficiency and productivity within the health care system | Book  Ann Marie Brady  Gill Education | <http://www.gilleducation.ie/nursing-health/nursing-health/leadership--management-in-the-irish-health-service> |
| Caring for people in Community and Health Services | book | Book- Caring for People in Community and Health Services... Frankie O’Sullivan   * Covers, Social inclusion * Language, Discrimination...anti-discrimination best practice * Illustrates how to care for and support people with a broad spectrum of needs, emphasising the importance of hands-on care in training. * -Explains the historical context of disability, with emphasis on the hidden disability of mental illness and how its related experiences can lead to marginalisation and stigmatisation. * Equality in care with rundown on HIQA Standards. * Also covered History * Autism / Asparagus * Epilepsy/ Cerebral Palsy * Diabetes/ Deafness * Intellectual Disability * Sensory Impairment | Book  Frankie O’Sullivan  Gill Education | <http://www.gilleducation.ie/health/health/caring-for-people-in-community--health-services> |
| Presentations | book | Communication in Healthcare QQI Level 5 (2015) a section in this book looks at how the student can effectively prepare to do a presentation | Gill Education  Book  Compiled by Nilfast | <http://www.gilleducation.ie/health/health/communications-for-healthcare> |
| Interpersonal Communication | Book | Explains how we communicate effectively, both verbal and non-verbal in personal and work settings… highlights good listening skills and identifies barriers to communication,,, also info in this book on the relevant legislation relating to communication, Demonstrates appropriate verbal skills to effectively present a point of view in a group discussion, formal meeting or interview…Highlights specific barriers to communication in healthcare.  Introduces various communication styles relevant to different situations in the workplace. Presents information on relevant legislation relating to communications, especially within a healthcare setting. | Gill Education  Book  Compiled by Nilfast | <http://www.gilleducation.ie/health/health/communications-for-healthcare> |
| Spokeout –physical disability | Magazine on line | This magazine is full of interesting articles on the activities and achievements of people with mobility issues and wheelchair users. In this article Louse Bruton talks about access | Magazine on line  Spokeout  edition.pagesuite-professional.co.uk | <http://edition.pagesuite-professional.co.uk//launch.aspx?eid=e41e2644-359d-4b32-841d-dcd0affa550e> |
| Newsletter –Intellectual Disability | website | Newsletters- click on the date below the newsletter to get a link to the pdf of the newsletters… contents include case studies, health information etc. | St Michaels House  website | <http://www.smh.ie/?q=news/newsletters> |
| Inspirational people who overcame a disability | Video | 25 inspiring people who overcame their disability, | You Tube  list25 | <https://www.youtube.com/watch?v=gqi2Ci0FliA> |
| Autism | video | Rain man … video that gives insight into Autism ( though exaggerated)  Other videos that give insight into disability   * A Beautiful Mind * Forest Gump * Iris (put any of the above in the amazon search and it will bring them up) | Amazon  video | <https://www.amazon.co.uk/Rain-Man-TomCruise/dp/B00EU7NBAU/ref=sr_1_1?s=instantvideo&ie=UTF8&qid=1466883025&sr=1-1&keywords=rain+man> |
| Determination to live an ordinary life… | Music video | A music video from Garth Brook's song ‘Standing outside the fire’. The video shows a boy with disability determined to achieve. Video shows that Outcomes can be achieved for persons with disability when the people that come in contact with them (including the social care assistant) believe in them and empower them to achieve their goals | You tube  Amblessa Mara Marques | <https://www.youtube.com/watch?v=GKmM_FsdABA> |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Western care(Service supports for persons with Physical Disability) | Website | Western Care Association exists to ‘empower people with a wide range of learning and associated disabilities in Co. Mayo to live full and satisfied lives as equal citizens.’ (Quote from website) | Westerncare.com website | <http://westerncare.com/> |
| Rehab  (Service supports for persons with Physical Disability) | Website | The Rehab Group is an ‘independent international group of charities and commercial companies which provides training, employment, health and social care, and commercial services for over 20,000 people each year in Ireland, England, Wales, Scotland and Poland’ (Quote from website) | Rehab.ie  Website | <http://www.rehab.ie/> |
| National learning network(Service supports for persons with Physical Disability) | Website | National Learning Network provides a range of ‘flexible training programs and support services for people who need specialist support (job seekers, unemployed, people with an illness or disability) in 50 centres around the country. The SOLAS & HSE training programs, all of which include work experience, offer nationally recognised qualifications including QQI, ECDL, and City and Guilds ensuring that students are ready to get a job or go on to further education.’ (Quote from website) | HSE.ie  Website | <http://www.nln.ie/> |
| Health information and Quality Authority (HIQA) | Website | An independent authority ‘responsible for driving quality, safety and accountability in residential services for [children](https://www.hiqa.ie/node/69), [older people](https://www.hiqa.ie/node/70) and [people with disabilities](https://www.hiqa.ie/node/71) in Ireland. HIQA has produced standards to protect vulnerable people of all ages who are receiving residential care services and to ensure that these people are receiving an appropriate standard and quality of service’(Quote from website) | HIQA.ie  Website | [**https://www.hiqa.ie/standards/social-care**](https://www.hiqa.ie/standards/social-care) |
| St. Michaels House | Website | **For over 50 years, St. Michael's House has been a ‘leader in the development and provision of community-based services for people with an intellectual disability in Ireland.’** (Quote from website) | St. Michaels House  Website | <http://www.smh.ie/?q=node/148> |
| Alzheimer’s | Website | The Alzheimer Society of Ireland works across the country in the ‘heart of local communities providing dementia specific services and supports and advocating for the rights and needs of all people living with dementia and their carers.; (Quote from website) | Alzheimers.ie  Website | <http://www.alzheimer.ie/about-us.aspx> |
| Irish Wheelchair Association  (Service supports for persons with Physical Disability) | Website | Irish Wheelchair Association (IWA) has gone on to become an ‘important provider of quality services to people with limited mobility throughout the country. The IWA association is made up of a vibrant network of over 20,000 members and over, 300 staff, as well as many dedicated volunteers.’ (Quote from website) | IWA  Website | <http://www.iwa.ie/about> |
| Centre of Independent Living(Service supports for persons with Physical Disability) | Website | The first Irish Center for Independent Living (CIL) was ‘established in Carmichael House in 1992 by and for people with disabilities with the main aim of ensuring that people with disabilities achieved Independent Living, choice and control over their lives and full participation in society as equal citizens. It offered an advocacy and campaigning representation role, striving to bring about a social model of service delivery and to ensure policy decisions would include input from those whose lives were actually affected. It also held an action-research role in monitoring developments in the world of Independent Living’(Quote from website) | Centre for Independent Living.  Website  dublincil.org | <http://www.dublincil.org/introduction.asp> |
| Arthritis  myknee,ie | Website | MyKnee.ie an ‘Irish health information website which focuses specifically on the area of Arthritis, The site is written and developed in Ireland for Irish users. It is fully funded and backed by Premier Medical Ltd .It has been developed as a resource to provide information and technical know-how regarding arthritis symptoms and treatments both to the public as well as being a service to health care professionals. A special feature developed as a service to health care professionals is an on-line educational section with training video explanations of joint injection techniques as well as PowerPoint presentations given by experts to provide updates in the area of arthritis;. (Quote from website) | MyKnee.ie  Website | <http://myknee.ie/aboutus> |
| National Disability Authority (NDA) | Website | The National Disability Authority is the independent state body providing ‘expert advice on disability policy and practice to the government and the public sector, and promoting Universal Design in Ireland’.  (Quote from website) | NDA.ie  website | <http://nda.ie/> |
| DeafHear(Service supports for persons with Physical Disability) | Website | DeafHear has been ‘advocating for equal access and opportunities for, and providing specialist services and supports to Deaf and Hard of Hearing people and their families since 1964’. (Quote from website) | DeafHear.ie  website | <https://www.deafhear.ie/DeafHear/home.html> |
| Blindness  Specialist education and support service | Website | Assistive technology for persons with visual impairment (Quote from website) | Website  Special Education Support Services.  sess.ie | <http://www.sess.ie/resources/assistive-technology-tools-and-applications-9> |
| Learning Disability  Down Syndrome | Website | Down Syndrome Ireland is a ‘national voluntary organisation supporting people with Down syndrome and their families in twenty-five branches nationwide’ (Quote from website) | Down Syndrome Ireland  Website | <https://downsyndrome.ie/about-us-2/our-organisation/> |
| Other disability  Spina bifida | Website | **Provides support and advice to everyone living with Spina Bifida and/or Hydrocephalus.** (Quote from website) | Website  Spina Bifida Hydrocephalus.  sbhi.ie | <http://www.sbhi.ie/history> |
| Epilepsy | Website | Epilepsy Ireland (previously Brainwave - The Irish Epilepsy Association) was established in 1966 and is concerned about improving the quality of life of people with epilepsy in Ireland. (Quote from website) | Website  Epilepsy Ireland  Epilepsy.ie | <http://www.epilepsy.ie/index.cfm/spKey/about.html> |
| Alzheimer’s  **Cognitive** impairment | Website | The Alzheimer Society of Ireland ‘provide a range of specialist services throughout Ireland’… find videos on memory loss through this link (Quote from website) | The Alzheimer’s society of Ireland.  website | <http://www.alzheimer.ie/services-support.aspx> |
| Autism  (Service supports for persons with Physical Disability) | Website | The Irish Society for Autism was ‘formed with the goal of creating awareness of autism and convincing the authorities that early diagnosis and specialized education would greatly enhance the quality of life for people with Autism. In the last 51 years the Irish Society for Autism has been providing information on Autism for thousands of people, parents, families, educators, students and health care workers. It has also been successful in creating residential services for Adults with Autism in Dublin, Galway, Kildare, Meath, Westmeath and Wexford and creating the European Charter of Rights for People with Autism. ‘  (Quote from website) | Autism.ie  Website | <http://autism.ie/about-us-2/> |
| INDI and role of nutrition in supporting a healthy life for people with Disability including Spina Bifida  Celberal Palsy , cystic fibrosis, Bone Health and Autism | Website | ‘Founded in 1958, the Irish Nutrition & Dietetic Institute (INDI) is the professional organisation for dietitians in Ireland. The INDI is committed to both shaping change and responding to the changing needs of the public, and see the potential for a healthier Ireland, They take a leading role in advising Government and non-governmental agencies, other health professionals and individuals on matters relation to food and nutrition policy and practice’. Fact sheets to print off can be accessed on this page  <https://www.indi.ie/fact-sheets-2.html>  Quote from website) | Irish Nutrition and Dietetic Institute (INDI)  Website | <https://www.indi.ie/diseases,-allergies-and-medical-conditions/disability.html> |
| Mental Health Supports | Website | GROW is a Mental Health Organization which ‘helps people who have suffered, or are suffering, from mental health problems. Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening.’ This website gives information and links to support meetings etc. | Grow.ie | <http://grow.ie/how-we-help/?gclid=CMm4lbCAy80CFWKr2wodm60OWQ> |
| Mental health service support | Website | Website has pdf documents that can be downloaded fee | Mental Health Ireland. Website | <http://www.mentalhealthireland.ie/publications/> |
| Mental Health Supports- | Website | Aware was ‘founded in 1985 by [Dr. Patrick McKeon](http://www.aware.ie/help/education/aware-monthly-lectures-2014-video/#July2014). The organization provides a range of services including group meetings offering support and information, a [telephone](http://www.aware.ie/help/support/support-line-information/) and [email](http://www.aware.ie/help/support/support-mail/) support service, and a number of programs based on principles of cognitive behavioral therapy (CBT). | Aware.ie | <http://www.aware.ie/help/information/what-is-depression/#bipolar> |
| HSE  (Service supports for persons with Physical Disability) | Website | The HSE ‘provides and funds range of services for people with intellectual, physical and sensory disabilities or autism and their carers. These services include basic health services as well as assessment, rehabilitation, income maintenance, community care and residential care respite, home care and day care.  Some services are provided directly by the HSE. Many of the community, residential and rehabilitative training services are provided by voluntary organizations with grant aid from the HSE’.(Quote from website) | Website  Health Service Executive  Hse.ie | <http://www.hse.ie/eng/services/list/4/disability/Disabilityservicescounty.html> |
| Roscommon home care supports (RHS) | Website | RHS Home Care provides a ‘quality driven community based home care service to hundreds of families across the west, northwest and midlands.’  (Quote from website) | Website  Roscommon Homecare Services.  rhshomecare.ie | <http://www.rhshomecare.ie/services-social-care.php> |
| Communicare | Website | Communicare has ‘extensive experience in caring for children and adults with a wide range of physical and intellectual disabilities including Down’s syndrome, Motor Neuron Disease, Huntington’s, Parkinson’s and spinal injuries among others. We also care for clients experiencing a variety of mental health problems ranging from schizophrenia to acquired brain injuries.’ (Quote from website) | Communicare.ie  Website | <http://communicare.ie/homecare-services/disability-care/> |
| Home instead Home Care | Website | Home Instead Senior Care provides ‘a range of services that can help people with disabilities maintain independence and improve quality of life.’ (Quote from website) | Home Instead  Website | <http://www.homeinstead.ie/home-care-home-help/disability-care#sthash.VhRsi7BP.dpuf> |
| Bluebird care  Intellectual disability support | Website | Provides a ‘Broad range of supports for persons with intellectual disability’ (Quote from website) | Bluebird  Website | <http://bluebirdcare.ie/care-services/intellectual-disabilities-support-services/> |
| Bluebird  Supporting People with Physical Disability | Website | Bluebird Provides Supports for people with physical disability in ‘providing a professional service to encourage and support independent living at home and in the community.They ‘support people with various levels of disability from mild disability to someone who needs full-time care, helping them fulfill their goals while supporting their everyday needs’. this page has a video -case study of a user of the service-<http://bluebirdcare.ie/> (Quote from website) | Bluebird.ie  Website | <http://bluebirdcare.ie/care-services/physical-disabilities-care/> |
| Family Life Centre  Supports for persons with Depression or family issues | Website | Family life centres support people ‘through crises situations in their lives’. . see video | Website  thefamilycentre.com | <http://www.thefamilycentre.com/hope-project/> |
| Special needs support- children | pdf | Supporting children with special needs in schools | Website  And  Pdf  ncse.ie | <http://ncse.ie/>  <http://ncse.ie/wp-content/uploads/2014/09/Supporting_14_05_13_web.pdf> |
| Children’s First… Child Protection | website | Looks at child protection and welfare. This website has downloadable pdfs on child protection | Website-  Health Service Executive  HSE | <http://www.hse.ie/eng/services/list/4/ChildrenandFamilyServices/childrenfirst> |

**Useful Organisations:**

|  |  |
| --- | --- |
| **Name** | **Contact Information** |
| **HIQA** | <https://www.hiqa.ie/> |
| HSE | <http://www.hse.ie/eng/services/list/4/disability/Disabilityservicescounty.html> |
| nda.ie | <http://nda.ie/> |
| Communicare | <http://communicare.ie/homecare-services/disability-care/> |
| Bluebird Homecare | <http://bluebirdcare.ie/care-services/physical-disabilities-care/> |
| Home Instead | <http://www.homeinstead.ie/home-care-home-help/disability-care#sthash.VhRsi7BP.dpuf> |
| Aspire. Support for persons with Asparagus syndrome | <http://www.aspireireland.ie/cmsWP/?page_id=4> |
| RHS Home Care | <http://www.rhshomecare.ie/> |
| Aware.ie | <http://www.aware.ie/help/information/what-is-depression/#bipolar> |
| Family Life Centre | <http://www.thefamilycentre.com/hope-project/> |
| Alzheimer’s .i.e. | <http://www.alzheimer.ie/services-support.aspx> |
| National council for special education | <http://ncse.ie/> |
| Iwa.ie | <http://www.iwa.ie/about> |
| Western care | <http://westerncare.com/> |
| St. Michaels House | <http://www.smh.ie/?q=node/148> |
| Open Training College | <http://opentrainingcollege.com/home/entry-requirements/> |
| Etb Further Education | <http://mayosligoleitrim.etb.ie/> |

|  |  |
| --- | --- |
| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | <https://www.mooc-list.com/> |

|  |
| --- |
| **Service provision for people with Disability- SERVICES in Ireland** |

**Suggested resources to support implementation of the thematic area in FET:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Theme/Topic** | **Type** | **Relevance** | **Author**  **/Source** | **Web Link** |
| **Service supports for persons with Intellectual disability**  Western care | Website | Western Care Association exists to ‘empower people with a wide range of learning and associated disabilities in Co. Mayo to live full and satisfied lives as equal citizens.’ (Quote from website) | Westerncare.com website | <http://westerncare.com/> |
| Rehab | Website | The Rehab Group is an ‘independent international group of charities and commercial companies which provides training, employment, health and social care, and commercial services for over 20,000 people each year in Ireland, England, Wales, Scotland and Poland’ (Quote from website) | Rehab.ie  Website | <http://www.rehab.ie/> |
| National learning network | Website | National Learning Network provides a range of ‘flexible training programmes and support services for people who need specialist support (job seekers, unemployed, people with an illness or disability) in 50 centres around the country. The SOLAS & HSE training programmes, all of which include work experience, offer nationally recognised qualifications including QQI, ECDL, and City and Guilds ensuring that students are ready to get a job or go on to further education.’ (Quote from website) | HSE.ie  Website | <http://www.nln.ie/> |
| Health information and Quality Authority (HIQA) | Website | An independent authority ‘responsible for driving quality, safety and accountability in residential services for [**children**](https://www.hiqa.ie/node/69), [**older people**](https://www.hiqa.ie/node/70) and [**people with disabilities**](https://www.hiqa.ie/node/71) in Ireland. HIQA has produced standards to protect vulnerable people of all ages who are receiving residential care services and to ensure that these people are receiving an appropriate standard and quality of service’(Quote from website) | HIQA.ie  Website | <https://www.hiqa.ie/standards/social-care> |
| St. Michaels House | Website | **For over 50 years, St. Michael's House has been a ‘leader in the development and provision of community-based services for people with an intellectual disability in Ireland.’** (Quote from website) | St. Michaels House  Website | <http://www.smh.ie/?q=node/148> |
| Alzheimer’s | Website | The Alzheimer Society of Ireland works across the country in the ‘heart of local communities providing dementia specific services and supports and advocating for the rights and needs of all people living with dementia and their carers.; (Quote from website) | Alzheimers.ie  Website | <http://www.alzheimer.ie/about-us.aspx> |
| **Service supports for persons with Physical Disability**  Irish Wheelchair Association | Website | Irish Wheelchair Association (IWA) has gone on to become an ‘important provider of quality services to people with limited mobility throughout the country. The IWA association is made up of a vibrant network of over 20,000 members and over, 300 staff, as well as many dedicated volunteers.’ (Quote from website) | IWA  Website | <http://www.iwa.ie/about> |
| Centre of Independent Living | Website | The first Irish Center for Independent Living (CIL) was ‘established in Carmichael House in 1992 by and for people with disabilities with the main aim of ensuring that people with disabilities achieved Independent Living, choice and control over their lives and full participation in society as equal citizens. It offered an advocacy and campaigning representation role, striving to bring about a social model of service delivery and to ensure policy decisions would include input from those whose lives were actually affected. It also held an action-research role in monitoring developments in the world of Independent Living’(Quote from website) | Cil  Website | <http://www.dublincil.org/introduction.asp> |
| Arthritis  myknee,ie | Website | MyKnee.ie an ‘Irish health information website which focuses specifically on the area of Arthritis, The site is written and developed in Ireland for Irish users. It is fully funded and backed by Premier Medical Ltd .It has been developed as a resource to provide information and technical know-how regarding arthritis symptoms and treatments both to the public as well as being a service to health care professionals. A special feature developed as a service to health care professionals is an on-line educational section with training video explanations of joint injection techniques as well as PowerPoint presentations given by experts to provide updates in the area of arthritis;. (Quote from website) | MyKnee.ie  Website | <http://myknee.ie/aboutus> |
| National Disability Authority (NDA) | Website | The National Disability Authority is the independent state body providing ‘expert advice on disability policy and practice to the government and the public sector, and promoting Universal Design in Ireland’.  (Quote from website) | NDA.ie  website | <http://nda.ie/> |
| **Service supports for persons with Sensory disability**  DeafHear | Website | DeafHear has been ‘advocating for equal access and opportunities for, and providing specialist services and supports to Deaf and Hard of Hearing people and their families since 1964’. (Quote from website) | DeafHear.ie  website | <https://www.deafhear.ie/DeafHear/home.html> |
| Blindness  Specialist education and support service | Website | Assistive technology for persons with visual impairment (Quote from website) | Website | <http://www.sess.ie/resources/assistive-technology-tools-and-applications-9> |
| **Learning Disability**  Down Syndrome | Website | **Down Syndrome Ireland is a ‘national voluntary organisation supporting people with Down syndrome and their families in twenty-five branches nationwide’ (Quote from website)** | Down Syndrome Ireland  Website | <https://downsyndrome.ie/about-us-2/our-organisation/> |
| **Other disability**  Spina bifida | Website | **Provides support and advice to everyone living with Spina Bifida and/or Hydrocephalus.** (Quote from website) | Website | <http://www.sbhi.ie/history> |
| Epilepsy | Website | Epilepsy Ireland (previously Brainwave - The Irish Epilepsy Association) was established in 1966 and is concerned about improving the quality of life of people with epilepsy in Ireland. They now provides a range of services from headquarters in Dublin and from regional offices in [Cork](http://www.epilepsy.ie/index.cfm/spKey/about.regions.cork.html), [Dundalk](http://www.epilepsy.ie/index.cfm/spKey/about.regions.north_east.html), [Galway](http://www.epilepsy.ie/index.cfm/spKey/about.regions.west.html), [Kerry](http://www.epilepsy.ie/index.cfm/spKey/about.regions.kerry.html), [Kilkenny](http://www.epilepsy.ie/index.cfm/spKey/about.regions.south_east.html), [Letterkenny](http://www.epilepsy.ie/index.cfm/spKey/about.regions.north_west.html), [Limerick](http://www.epilepsy.ie/index.cfm/spKey/about.regions.mid_west.html), [Sligo](http://www.epilepsy.ie/index.cfm/spKey/about.regions.north_west.html) and [Tullamore](http://www.epilepsy.ie/index.cfm/spKey/about.regions.midlands.html). (Quote from website) | Epilepsy.ie  website | <http://www.epilepsy.ie/index.cfm/spKey/about.html> |
| Alzheimer’s  **Cognitive** impairment | Website | **The Alzheimer Society of Ireland provide a range of specialist services throughout Ireland… find videos on memory loss through this link (Quote from website)** | The Alzheimer’s society of Ireland.  website | <http://www.alzheimer.ie/services-support.aspx> |
| Autism | Website | **The Irish Society for Autism was ‘formed with the goal of creating awareness of autism and convincing the authorities that early diagnosis and specialized education would greatly enhance the quality of life for people with Autism.  In the last 51 years the Irish Society for Autism has been providing information on Autism for thousands of people, parents, families, educators, students and health care workers.  It has also been successful in creating residential services for Adults with Autism in Dublin, Galway, Kildare, Meath, Westmeath and Wexford and creating the European Charter of Rights for People with Autism. ‘**  **(Quote from website)** | Autism.ie  Website | <http://autism.ie/about-us-2/> |
| INDI and role of nutrition in supporting a healthy life for people with Disability including Spina Bifida  Celberal Palsey , cystic fibrosis, Bone Health and Autism | Website | ‘Founded in 1958, the Irish Nutrition & Dietetic Institute (INDI) is the professional organisation for dietitians in Ireland. The INDI is committed to both shaping change and responding to the changing needs of the public, and see the potential for a healthier Ireland, They take a leading role in advising Government and non-governmental agencies, other health professionals and individuals on matters relation to food and nutrition policy and practice. Fact sheets to print off can be accessed on this page  <https://www.indi.ie/fact-sheets-2.html>  Quote from website) | Irish Nutrition and Dietetic Institute (INDI)  Website | <https://www.indi.ie/diseases,-allergies-and-medical-conditions/disability.html> |
| Mental Health Supports | Website | GROW is a Mental Health Organization which ‘helps people who have suffered, or are suffering, from mental health problems. Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening.’ This website gives information and links to support meetings etc. | Grow.ie | <http://grow.ie/how-we-help/?gclid=CMm4lbCAy80CFWKr2wodm60OWQ> |
| Mental health service support | Website | Website has pdf documents that can be downloaded fee | Website | <http://www.mentalhealthireland.ie/publications/> |
| Mental Health Supports- | Website | Aware was ‘founded in 1985 by [Dr. Patrick McKeon](http://www.aware.ie/help/education/aware-monthly-lectures-2014-video/#July2014) and a small but dedicated team of volunteers, many of whom had their own personal experience with depression, or bipolar disorder. The organization developed in response to the clear need for information, understanding and support, both for individuals who had a diagnosis of depression or bipolar as well as family members supporting a loved one.it is now a nationwide presence which has saved many lives and has, for countless others, eased the suffering and distress that depression can bring. The three pillars of Aware’s work are [information](http://www.aware.ie/help/information/information-on-depression/), [education](http://www.aware.ie/life-skills/) and [support](http://www.aware.ie/help/support/support-groups-locations/). The organization provides a range of services including group meetings offering support and information, a [telephone](http://www.aware.ie/help/support/support-line-information/) and [email](http://www.aware.ie/help/support/support-mail/) support service, and a number of programmes based on principles of cognitive behavioral therapy (CBT). | Aware.ie | <http://www.aware.ie/help/information/what-is-depression/#bipolar> |
| HSE | Website | The HSE ‘provides and funds range of services for people with intellectual, physical and sensory disabilities or autism and their carers. These services include basic health services as well as assessment, rehabilitation, income maintenance, community care and residential care respite, home care and day care.  Some services are provided directly by the HSE. Many of the community, residential and rehabilitative training services are provided by voluntary organizations with grant aid from the HSE’.(Quote from website) | Website | <http://hse.ie/eng/services/list/4/disability/> |
| Roscommon home care supports (RHS) | Website | RHS Home Care provides a ‘quality driven community based home care service to hundreds of families across the west, northwest and midlands.’  (Quote from website) | Website | <http://www.rhshomecare.ie/services-social-care.php> |
| Communicare | Website | Communicare has ‘extensive experience in caring for children and adults with a wide range of physical and intellectual disabilities including Down’s syndrome, Motor Neuron Disease, Huntington’s, Parkinson’s and spinal injuries among others.  We also care for clients experiencing a variety of mental health problems ranging from schizophrenia to acquired brain injuries.’ (Quote from website) | Communicare.ie  Website | <http://communicare.ie/homecare-services/disability-care/> |
| Homeinstead Home Care | Website | Home Instead Senior Care provides a range of services that can help people with disabilities maintain independence and improve quality of life. (Quote from website) | Home Instead  Website | <http://www.homeinstead.ie/home-care-home-help/disability-care#sthash.VhRsi7BP.dpuf> |
| Bluebird care  Intellectual disability support | Website | Broad range of supports for persons with intellectual disability (Quote from website) | Bluebird  Website | <http://bluebirdcare.ie/care-services/intellectual-disabilities-support-services/> |
| Bluebird  Supporting People with Physical Disability | Website | Bluebird Provides Supports for people with physical disability in ‘providing a professional service to encourage and support independent living at home  and in the community.They ‘support people with various levels of disability from mild disability to someone who needs full-time care, helping them fulfill their goals while supporting their everyday needs. this page has a video -case study of a user of the service-  <http://bluebirdcare.ie/> (Quote from website) | Bluebird.ie  Website | <http://bluebirdcare.ie/care-services/physical-disabilities-care/> |
| Family Life Centre  Supports for persons with Depression or other…. | Website | Family life centres are there to support people through crises situations in their lives. ‘The services provided through the Centre, or with our support, include;’ [Counselling](http://www.thefamilycentre.com/counselling/), [Mayo Suicide Bereavement Liaison Service](http://www.thefamilycentre.com/suicide-bereavement-support/), [Hope & Flourish Projects,](http://www.thefamilycentre.com/hope-project/) [Family Mediation](http://www.thefamilycentre.com/family-meditation/), [Rainbows](http://www.thefamilycentre.com/rainbows-program/), [Bereavement Support](http://www.thefamilycentre.com/bereavement-support/), [Faith development & formation](http://www.thefamilycentre.com/faith-spirituality/), [Educational Programmes](http://www.thefamilycentre.com/index.html), [Parenting support](http://www.thefamilycentre.com/index.html), [Legal advice](http://www.thefamilycentre.com/legal-advice/),  [Money Advice & Budgeting Service](http://www.thefamilycentre.com/money-advice/),This is a link to one of the outreach projects from the family life centre in Castlebar Co. Mayo... see video (Quote from website) | Website | <http://www.thefamilycentre.com/hope-project/> |
| Special needs support- children | pdf | Supporting children with special needs in schools | Website  And  pdf | <http://ncse.ie/> |
| <http://ncse.ie/wp-content/uploads/2014/09/Supporting_14_05_13_web.pdf> |
| Childrens First… Child Protection | website | Looks at child protection and welfare | Website- HSE | <http://www.hse.ie/eng/services/news/media/pressrel/newsarchive/2011archive/sept2011/childprotectionandwelfarepracticehandbooklaunched.html> |

**Useful Organisations:**

|  |  |
| --- | --- |
| **Name** | **Contact Information** |
| **HIQA** | <https://www.hiqa.ie/> |
| HSE | <http://hse.ie/eng/services/list/4/disability/> |
| nda.ie | <http://nda.ie/> |
| Communicare | <http://communicare.ie/homecare-services/disability-care/> |
| Bluebird Homecare | <http://bluebirdcare.ie/care-services/physical-disabilities-care/> |
| Home Instead | <http://www.homeinstead.ie/home-care-home-help/disability-care#sthash.VhRsi7BP.dpuf> |
| Aspire. Support for persons with Aspergus syndrome | <http://www.aspireireland.ie/cmsWP/?page_id=4> |
| RHS Home Care | <http://www.rhshomecare.ie/> |
| Aware.ie | <http://www.aware.ie/help/information/what-is-depression/#bipolar> |
| Family Life Centre | <http://www.thefamilycentre.com/hope-project/> |
| Alzheimers .ie | <http://www.alzheimer.ie/services-support.aspx> |
| National council for special education | <http://ncse.ie/> |
| Iwa.ie | <http://www.iwa.ie/about> |
| Western care | <http://westerncare.com/> |
| St. Michaels House | <http://www.smh.ie/?q=node/148> |

|  |  |
| --- | --- |
| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | <https://www.mooc-list.com/> |