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| **Minor Award Name** | **Care of the Older Person** |
| **Minor Award Code** | **5N2706** |
| **Level** | **5** |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| Healthy ageing, global and national demographic trends. | Book  Articles | Essential to the learning. Ireland now recognised as a nation who will have a huge aging population and the need to be mindful of excellent care practices is essential to care provision. Comparisons drawn with other nations in terms of trends allow for healthy dialogue and openness to occur. | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.ncaop.ie](http://www.ncaop.ie)  <http://www.healthyageing.eu/>  <http://www.ncaop.ie/publications/research/reports/77.pdf> |
| The normal physiological and psychological processes of ageing | Book  Movie | Essential to the learners’ understanding of how the human body experiences physical change during the ageing process.  Use of visuals / charts / to explain and clarify understanding | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.health.gov.ie](http://www.health.gov.ie)  *Older Than Ireland* (movie / documentary)  *Still Alice* – Movie  Mind maps on Ageing |
| The social impact of ageing on older people. | Book and websites | Important for learners’ awareness of the growing problem of isolation in Ireland today as a result of various social issues.  Impact of smaller social group  The narrowing of the family circle  Role reversal as child may eventually become carer | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.ageaction.ie](http://www.ageaction.ie)  [www.irishhealth.com](http://www.irishhealth.com)  [www.friendsoftheelderly.ie](http://www.friendsoftheelderly.ie)  [www.socialinclusion.ie](http://www.socialinclusion.ie)  [www.citizensinformation.ie](http://www.citizensinformation.ie)  <http://ageactionalliance.org/theme/attitudes-to-ageing/> |
| Attitudes to ageing and older people | Book and website  Article from Irish times  Article from the Guardian | Covers issues such as: new community concepts / changing family dynamics/negative labels associated with older people/prejudicial and ageist mindsets | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.citizensinformation.ie](http://www.citizensinformation.ie)  [www.hse.ie](http://www.hse.ie)  [www.ageaction.ie](http://www.ageaction.ie)  [www.homeinstead.ie](http://www.homeinstead.ie)  <http://www.irishtimes.com/life-and-style/health-family/social-entrepreneurs-wise-solutions-help-older-people-in-local-communities-1.2123041>  <http://www.theguardian.com/society/2013/jun/27/change-attitudes-towards-older-people>  <http://ageactionalliance.org/theme/attitudes-to-ageing/> |
| Promoting positive attitudes to ageing | Book and website | Covers topics such as inclusion / integration / involvement in community / contributing to family and society / having their intellectual needs affirmed and valued / | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.hse.ie](http://www.hse.ie)  [www.alone.ie](http://www.alone.ie)  [www.hiqa.ie](http://www.hiqa.ie)  [www.homeinstead.ie](http://www.homeinstead.ie)  [www.bluebirdcare.ie](http://www.bluebirdcare.ie)  <http://ageactionalliance.org/theme/attitudes-to-ageing/> |
| preparation for retirement | Book  website | Covers issues such as the need to be fully informed about legal issues / financial preparation / general money matters / savings/ | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.qualifax.ie](http://www.qualifax.ie)  [www.hse.ie](http://www.hse.ie)  [www.citizensinformation.ie](http://www.citizensinformation.ie)  <http://www.irishtimes.com/opinion/editorial/helping-older-people-stay-at-home-longer-1.2259018> |
| The needs of an older person to include physical, social, emotional, psychological, recreational, financial, environmental and spiritual. | Book and website  Articles | Maslow’s hierarchy of need pivotal in all learning about any client group. Detailed work on all these needs can contribute in large part to the 40% Project assessment.  All needs of older person considered – medical – cognitive – older people with disabilities or cognitive issues leading to other complications such dementia. | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.alone.ie](http://www.alone.ie)  <http://www.irishhealth.com/article.html?id=19722>  <http://www.socialinclusion.ie/documents/Older_lowres2.pdf> |
| The ethnic and cultural influences on the older person | Books  Websites  articles |  | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | <http://ageactionalliance.org/theme/attitudes-to-ageing/> |
| Statutory and voluntary agencies that promote wellbeing of older people. | Books  Articles  Websites  activity | Have guest speakers come into the class to engage with group on the essentials of elderly care in their community.  Get class involved in October Ageing Month annually to create awareness  Get involved a fund raising activity for Elderly in local community/  Invite elderly people into the school for an afternoon | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.hse.ie](http://www.hse.ie)  [www.hiqa.ie](http://www.hiqa.ie)  [www.ageaction.ie](http://www.ageaction.ie)  [www.friendsoftheelderly.ie](http://www.friendsoftheelderly.ie)  [www.ageandopportunity.ie](http://www.ageandopportunity.ie)  [www.gardasiochana.ie](http://www.gardasiochana.ie)  [www.hse/services.ie](http://www.hse/services.ie) |
| Providing care for older people. | Books  Articles  websites | Work experience of 20 days provides most relevant experience of direct care provision for older people in care setting.  Recognising and attending to needs in old people -  Being informed and being aware of respect / dignity / confidentiality / kindness / empathy and understanding | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | <http://www.hse.ie/eng/services/list/4/olderpeople/>  [www.mentalhealthireland.ie](http://www.mentalhealthireland.ie)  [www.alzheimer.ie](http://www.alzheimer.ie)  [www.alone.ie](http://www.alone.ie) |
| living with mental illness, dementia or any chronic illness | Book  Websites Article | Challenges of living with a mental illness/  Stigma around mental health issues/  Raising awareness through Open Days and visitors from various mental health groups  Liaising with other classes to fund raise or visit nursing homes at various times during year when old people may feel very isolated depressed / lonely.  Ask GP to visit to inform / advise / help with information | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.mentalhealthireland.ie](http://www.mentalhealthireland.ie)  [www.alzheimer.ie](http://www.alzheimer.ie)  [www.parentgiving.com](http://www.parentgiving.com)  [www.healthyaging.org](http://www.healthyaging.org)  <http://www.who.int/mediacentre/factsheets/fs381/en/>  <http://www.irishhealth.com/clin/documents/Ageing_Mental.pdf> |
| the individual needs of the dying older person and their families | Book  Websites  articles | Sensitive area in Palliative Care  The sharing of personal disclosure helps.  Asking person from hospice to visit / chaplain / priest to offer their experience and knowledge and how best to advise younf people how to be well prepared for this challenging area | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.irishhospicefoundation.ie](http://www.irishhospicefoundation.ie)  [www.citizensinformation.ie](http://www.citizensinformation.ie)  <http://www.irishhealth.com/article.html?id=2181>  <http://www.huffingtonpost.com/2013/08/03/top-5-regrets-of-the-dying_n_3640593.html>  <http://www.huffingtonpost.com/kenneth-j-doka/spiritual-needs-of-the-dy_b_831123.html> |
| care settings for older people |  | Lists provided on internet  Fair deal scheme  HSE work  Private care  Public care  Day care centres  Activity day centres  Day Outings  Social Visits and Outings  Tours  Role of HIQA | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.hse.ie](http://www.hse.ie)  [www.nursinghomes.ie](http://www.nursinghomes.ie)  [www.retirementservices.ie](http://www.retirementservices.ie)  [www.irishnursinghomes.eu](http://www.irishnursinghomes.eu)  [www.hiqa.ie](http://www.hiqa.ie) |
| standards and quality assurance in the provision of care for older people |  | Pivotal role of HIQA  Training of all carers in this profession  Quality assured care provision  FETAC / QQI Level 5 Healthcare Support Effective Management structures | Mosby’s ‘Essentials for Nursing Assistants’ Shelia Sorrentino.  7th Edition | [www.hiqa.ie](http://www.hiqa.ie) |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| [www.hse.ie](http://www.hse.ie)  [www.hiqa.ie](http://www.hiqa.ie)  [www.hse.ie](http://www.hse.ie)  [www.nursinghomes.ie](http://www.nursinghomes.ie)  [www.retirementservices.ie](http://www.retirementservices.ie)  [www.irishnursinghomes.eu](http://www.irishnursinghomes.eu)  [www.hiqa.ie](http://www.hiqa.ie)  [www.ncaop.ie](http://www.ncaop.ie)  <http://www.healthyageing.eu/>  [www.ageaction.ie](http://www.ageaction.ie)  [www.irishhealth.com](http://www.irishhealth.com)  [www.friendsoftheelderly.ie](http://www.friendsoftheelderly.ie)  [www.socialinclusion.ie](http://www.socialinclusion.ie)  [www.citizensinformation.ie](http://www.citizensinformation.ie)  [www.mentalhealthireland.ie](http://www.mentalhealthireland.ie)  [www.alzheimer.ie](http://www.alzheimer.ie)  [www.alone.ie](http://www.alone.ie) |  |

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| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | https://www.mooc-list.com/ |