**Session 1 Extension Activity**

**Awareness of the reading and writing demands in everyday life**

Q. What would your life be like if you were unable to read or write?

Before next week spend at least four hours going about your normal daily tasks and activities either:

A: without reading or writing.

**or**

B:being aware of how often you need to read, write or use numeracy.

This is an invitation to go for a full afternoon or evening being aware of how often you read and write. Just go about your normal daily tasks and activities - but note whenever you need to use the skills of reading and/or writing. It will work best if you operate as if you cannot read and write and try to find ways around this.

Choose a day and a time when you can realistically commit to **FOUR HOURS** of literacy-aware life. This could be while you are shopping, working, doing life-related administration, helping family members, or any other normal part of your day.

Pay special attention to any practical inconveniences you experienced and also, any strategies you used to get around them.

When the time is up, make some notes about your experiences. Bring them to the next session. Your observations, and those of your peers, will provide the basis for work on the next topic.

**Extension Activity**

Keep a record of the main events and insights from your experience

# Summary of what you actually did during the literacy-free half-day;

## What obstacles did you encounter?

## How did you get over them?

How did people respond to you?

Anything else you would like to share?