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| **Minor Award Name** | Care Support |
| **Minor Award Code** | 5N0758 |
| **Level** | Level 5 |

**Suggested resources to support delivery:**

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| **Theme/Topic** | **Type** | **Relevance** | **Author/Source** | **Web Link** |
| **Structure & Function of Healthcare Services in Ireland:**  Evolution of Health Services and Health Policy in Ireland | Online Document | This document discusses the structure of the healthcare services in Ireland, its health policy and the role of voluntary and community organisations | Brian Harvey | <http://www.combatpoverty.ie/publications/EvolutionOfHealthServicesAndHealthPolicyInIreland_2007.pdf> |
| Structure of Irish Health Service | Online Document | This document discusses different types of healthcare available in Ireland, the structure of HSE | Anne-Marie Brady; Síle O’Donnell | <https://www.gillmacmillan.ie/AcuCustom/Sitename/DAM/056/Leadership__Management_in_the_Irish_Health_Service_-_Look_I.pdf> |
| **Role of HCA:**  HSE Jobs Profiles | Website | This website is an interview with Lydia who works as a HCA and she discusses what her role of HCA is | An Interview with Lydia Peppard | <http://www.hse.ie/eng/staff/jobs/profiles/careassistant.html> |
| What is a Home Care Assistant | Webpage | This webpage shows the role of a HCA in the community setting | Joanne Guy | <http://myhomecare.ie/age-friendly/what-is-home-care-assistant/> |
| Career Advice | Website | Irishjobs.ie discuss the role of a HCA and outlines what their role will be |  | <http://www.irishjobs.ie/careeradvice/care-assistant-job-description/> |
| **Principles of Best Practice:**  International Principles for Health Care Standards | Online Document | ISQUA discuss the standards required to maintain healthcare standards and to ensure safe and quality care is given to clients | ISQUA | <http://www.isqua.org/docs/default-source/accreditation/international-principles-for-healthcare-standards---b.pdf?sfvrsn=0> |
| Best Practice Principles for Risk Assessment | Online Document | Even though this document is geared towards mental health, I feel it is of value in discussing how to ensure care in all aspects regarding safety and quality to all clients | Office of the Nursing & Midwifery Services Director TCD | <https://nursing-midwifery.tcd.ie/news/assets/pdf/Best%20Principles%20Risk%20Assessment.pdf> |
| HIQA National Standards for Safer Better Healthcare | Online Document | HIQA have published standards that all healthcare professionals should be aware of and know | HIQA | <http://www.hiqa.ie/system/files/Safer-Better-Healthcare-Standards.pdf> |
| **Health Care Promotion:**  HSE About Health Promotion | Website | This site discusses the importance of health promotion | HSE | <http://www.hse.ie/eng/about/Who/healthwellbeing/Contact_Health_Promotion/> |
| HSE Health Promotion | Online Document | This document discusses in depth health promotion, from definition to how to implement health promotion in the workplace and the community | HSE | <http://www.healthpromotion.ie/hp-files/docs/HPSF_HSE.pdf> |
| **Labour Law:**  Employment Law update | Website | This site gives updated information regarding labour law in Ireland | Citizens Information Bureau | <http://www.citizensinformation.ie/> |
| Irish Employment Law Explained | Online Document | This document outlines and discusses Irish Labour Law | NERA | <https://www.workplacerelations.ie/en/publications_forms/employment_law_explained.pdf> |
| **Multi Disciplinary Team :**  HSE Multi-Disciplinary team | Webpage | This webpage gives definition of MDT and also lists the members one would expect to meet on this team | HSE | <http://www.hse.ie/eng/services/list/4/Mental_Health_Services/dsc/communityservices/Multidisciplinaryteam.html> |
| Multi-disciplinary Healthcare | Online Document | This document discusses what multi disciplinary care is and the benefits of this type of care | IHE-online | <http://www.ihe-online.com/fileadmin/artimg/multidisciplinary-healthcare.pdf> |
| **Team Development/**  **Group Dynamics:**  Using the Stages of Team Development | Webpage | This page discusses the five stages of team development | Judith Stein | <http://hrweb.mit.edu/learning-development/learning-topics/teams/articles/stages-development> |
| Understanding Group Dynamics & systems | Online Document | This document discusses what group dynamics are and also shows activities you can use with your students | Sage Publishing | <http://www.sagepub.com/sites/default/files/upm-binaries/27380_Chapter3.pdf> |
| Group Dynamics | Online Document | This document discusses in depth what a group is, the different types of groups there are and the dynamics of these different types of groups | Donelson R. Forsyth | <https://www.cengagebrain.com.mx/content/forsyth68220_0534368220_02.01_chapter01.pdf> |
| **Feedback:**  Giving Feedback | Webpage | This page has a short video and brief outline on how to give good feedback | Mind Tools Editorial Team | <https://www.mindtools.com/pages/article/newTMM_98.htm> |
| 5 Reasons why feedback may be the most important skill | Website/Blog | Short discussion on the five reason why feedback is important | Cambridge Press | <http://www.cambridge.org/elt/blog/2014/03/five-reasons-feedback-may-important-skill/> |
| Giving and receiving Feedback | Online Document | This document is a more in depth discussion on the giving and receiving of feedback | BridgeSpan | <http://webconceptsunlimited.com/Samples/GivingandReceivingFeedbackLeaderGuidev1.pdf> |
| **Relationships:**  Intergroup relationship and quality improvement in Health care | Webpage | This page discusses the different types of relationships in healthcare and how to improve and strengthen these relationships | Jean M. Bartunek | <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3066847/> |
| **Experiential Theory:**  Experiential Learning on the Web | Webpage | A brief explanation of David Kolb’s Theory of Experiential Learning | Tim Pickles | <http://reviewing.co.uk/research/experiential.learning.htm> |
| Experiential Learning – an Effective Learning Method | Website | This slide show explains David Kolb’s Theory on Experiential Learning and his different types of learners. | Commlab India | <http://www.slideshare.net/CommLab/experiential-learning-an-effective-learning-method?next_slideshow=1> |
| **Personal Planning and Growth:**  A brief look at the world of personal growth and development | Webpage | This page gives a brief explanation on what personal growth and development consist of | Carla Rieger | <http://www.carlarieger.com/a-brief-look-at-the-world-of-personal-growth-and-development/#.VjVLsdLhDGh> |
| The basics of creating a personal development plan | Webpage | Carla gives a brief description on how to create your own personal development plan | Carla Rieger | <http://www.carlarieger.com/the-basics-of-creating-a-personal-development-plan/> |
| HSE Performance Management | Online Document | This document discusses briefly what a personal plan is and the benefits of developing a personal plan | HSE | <http://www.hse.ie/eng/staff/Benefits_Services/Performance_Management/Appendix_3b.pdf> |
| **Reflection:**  Reflective Practice and Writing: a guide to getting Started | Online Document | Narelle Hampe discusses what reflective practice consists of, the types of practice and the different models of practice | Narelle Hampe | <http://www.alia.org.au/sites/default/files/documents/Reflective.Practice.Writing.Guide20130409JB.pdf> |
| A practical approach to promote reflective practice | Online Document | David and June discuss more in depth of what reflective practice is and how to become proficient in this exercise. | David Somerville June Keeling | <http://www.nursingtimes.net/Journals/2012/11/30/v/l/x/040323A-practical-approach-to-promote-reflective-practice-within-nursing.pdf> |
| **Boundaries:**  Don’t Cross the line – respecting professional boundaries | Webpage | This webpage discusses the boundaries that healthcare professionals need to keep for their own protection and the protection of their clients | * Angela F. Hanna * Patricia Dunphy Suplee | <http://www.nursingcenter.com/cearticle?tid=1418644> |
| Professional Boundaries in Nursing | Webpage | Brief discussion on boundaries that must be maintained when caring for clients | Kim Holland | <http://www.nursetogether.com/professional-boundaries-nursing> |
| **Interpersonal skills:**  List of inter-personal skills – 10 must Haves | Webpage | Brief discussion on the skills required by healthcare personnel when dealing with clients and team members in health sector | Will Gemma | <https://blog.udemy.com/list-of-interpersonal-skills/> |
| **Communication:** Effective Communication skills in Nursing Practice | Website | This website discusses the importance of effective communication. You may need to subscribe to this website to access material | Elaine Bramhall | <http://journals.rcni.com/doi/abs/10.7748/ns.29.14.53.e9355> |
| First steps for Healthcare Assistants RCN Communication | Webpage | This page discusses communication and is geared specifically towards Healthcare Assistants | Royal College of Nursing | <http://rcnhca.org.uk/top-page-001/> |
| **Importance of Care plans:** Examining how Personalised Care Planning can help patients with Long Term condition | Website | This site looks at the importance of personalised care planning and on individual assessment of clients. You will need to subscribe to access information, | Maureen Morgan Tracy Morton | <http://www.nursingtimes.net/nursing-practice/specialisms/long-term-conditions/examining-how-personalised-care-planning-can-help-patients-with-long-term-conditions/5006427.article> |
| What is a Care Plan? | Website | Holly discusses the importance of care plans and the benefits of same to the client | Holly F. Sox | <https://www.careplans.com/pages/about.aspx> |
| **Privacy and Dignity:**  Dignity in Health care- Age Action Ireland | Website | David discusses privacy and dignity from an older person’s point of view. | David Stratton | <http://www.ageaction.ie/sites/default/files/dignity_in_healthcare.pdf> |
| The Dignity Factors | Website | This site discusses the factors that ensure the dignity of clients and also their privacy | Social Care Institute for Excellence | <http://www.scie.org.uk/publications/guides/guide15/factors/index.asp> |

**Useful Organisations:**

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| **Name** | **Contact Information** |
| Health Service Executive | <http://www.hse.ie/> |
| HIQA | [www.hiqa.ie](http://www.hiqa.ie) |
| Health Service e-Learning and Development Service | [www.hseland.ie](http://www.hseland.ie) |

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| **MOOCs (Massive Online Open Courses)** | |
| Free access to online courses  Search regularly for new courses and new start dates | https://www.mooc-list.com/ |